

Cara Woloohojian



Cara Woloohojian is a senior in Dairy Science whose family has recently moved to Bridport, Vermont.

Woloohojian has grown up in the show ring and has seen great accomplishments, most notably her crowning as Grand Champion in the 2013 World Dairy Expo Guernsey show.

While her life has been heavily involved in the dairy industry, she has spread herself across the Virginia Tech campus by becoming active in several organizations. Some of these include New Student and Family Programs, Student's Alumni Associates, athletic training and serving as a peer mentor for the summer academy.

Woloohojian hopes to continue her education at dentistry school while continuing her love for the show ring on the side.

Is almond milk really milk?

audible laughter No. Absolutely not, and I'm allergic to it.

Chocolate milk or plain milk?

Chocolate milk

If you could be an aisle in the grocery store what would you be?

I love cereal, the cereal aisle

Favorite word?

Malarkey or stylish

Puppies or kittens?

Puppies, I'm allergic to cats

Favorite cow?

My first cow, Smithfield Poker Buttercup

Dairy Science Student Spotlight

By Annemarie Bresson, DASC Public Relations

What's one thing you wish consumers knew about dairy?

I wish that they knew that dairy is good for you. I think people are so quick to watch a video from PETA or a negative social media outlet that bashes the industry. And they are so quick to turn to an alternative like almond milk or soy milk. People need to not be afraid to ask their farmer questions about dairy, they will be so easy to talk to and they'll tell you what the benefits of dairy are.

What makes Guernsey cows so great?

I've always grown up with them. Guernseys are unique because of their docile temperament so they're great for families and great for little kids to show. Guernseys are also known for the large amount of A2 beta-casein protein that is in their milk. It's been linked to people who normally have trouble consuming milk not having digestive issues with the Guernsey milk. It has allowed people to bring more dairy products back into their life and that's all thanks to the Guernsey.

What is your #VTmoment?

I'll go with my top 3 moments. 1. My first football game because I was with my sister, so that was our first Hokie thing that we did together. 2. Coming back as a peer mentor for summer academy because it was my first time being able to give back to Virginia Tech. I was able to help students find their passions. 3. My third best moment would just be everyday this year. Looking at how much has changed and just being with the people that I care about.

What is one thing you wish your freshman self knew?

Don't be afraid to try new things and get involved. If you hate it you can always drop it; you're not a quitter just because you don't like something. All you can ever ask of yourself is to try something and give it your best.

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